

**TEXAS DIABETES AND ENDOCRINOLOGY**

**Blood Sugar Record**

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**BS = Blood Sugar**

**CHO = Carbohydrate**

Date	Breakfast(15)				Lunch (30)				Supper (30)				BED	Nite	Ketone	Comments
	BS	Insulin	Cho	BS	BS	Insulin	Cho	BS	BS	Insulin	Cho	BS	BS	Insulin		
11/18/08	92	7u	15	112		8u	30	128		6u	30*	148*		26u	small	7u,8u,6u,26u * = tried new noodles
11/19/08	91	7u	15	107		8u	30	111		6u	30	110		26u	trace/ small	
11/20/08	84	7u	15	103		8u	30	96		6u	30	119		26u	trace	Fetal bioprofile and ultrasound done. at TPNG Good result and weight ~6.5 lbs
11/21/08	88	7u	15	103		8u	30	103	117	6u	30	109		26u	-ve/trace	
11/22/08	100	7u	15	109		8u	30	112		6u	30	106		26u	-ve/trace	Sat=35w0d pregnant
11/23/08	86	7u	15	118		8u	30	-		6u	30	123		26 u	-ve/trace	
11/24/08	99	7u	15	109		8u	30	118		6u	30	130		26u	-ve/trace	

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